

Doctor discussion guide



Do you experience uncomfortable or painful episodes of swelling?

areas where swelling has occurred

Face/Lips
 Throat

Abdomen

Arms/Hands
 Genitals

Legs/Feet

Other: _____

additional symptoms

Yes No

skin

Itchiness Yes No
Hives Yes No

abdomen

Swelling of the abdomen Yes No
Abdominal pain Yes No
Diarrhea Yes No
Nausea Yes No
Vomiting Yes No

Other: _____

throat

Difficulty swallowing Yes No
Difficulty breathing Yes No
Voice changes Yes No

my episodes

Does your swelling improve with antihistamines, glucocorticoids, and/or epinephrine? Yes No

How long does a swell typically last? _____

Do you experience any warning signs before a swell (eg, redness, non-itchy rash, or tingling)?

Have you noticed if your swells are related to any triggers (eg, stress, infection, menstruation, or injury)?

my history

Does anyone in your family have similar symptoms? Yes No

When did your symptoms begin
(eg, during childhood, adolescence, or adulthood)?

Number of ER visits in the last year due to
swelling or abdominal pain

Have you undergone a surgical procedure that hasn't helped your symptoms?

Current medications

